



MICHIGAN FOOT AND ANKLE CENTER, PC

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Post-Operative Nail Procedure Instructions (Dr. Galea)

1. You have just had a surgical procedure performed.
2. Leave the bandage clean, dry and intact for 2 days. After 2 days, you may remove the bandage and begin with twice-daily soaks of warm water and mild soap (10 minutes each soak). If the bandage becomes wet in the first 2 days after the surgery, change it immediately with sterile gauze.
3. Once you begin your twice daily soaks, keep the toe covered during the day and let it air-open at night time.
4. You should not see any bleeding through the dressing. Some spotting may occur. However, if the dressing gets red with **wet blood**, it may need to be changed. Please contact the office.
5. You should not experience severe pain. If there is any discomfort, you may take Tylenol or Aspirin as directed.
6. If you have any other problems or questions, do not hesitate to contact us immediately.

■■■Your follow-up appointment is:
