



# MICHIGAN FOOT AND ANKLE CENTER, PC

Bruce I. Kaczander, DPM, FACFAS  
Allen S. Mehler, DPM, FACFAS  
Peter P. Galea, DPM, FACFAS  
Joshua S. Faley, DPM, AACFAS

734.591.6612 [www.MichiganFoot.com](http://www.MichiganFoot.com) 248.353.9300

**Livonia** - Marian Professional Bldg, 14555 Levan Rd, Suite E-302, Livonia, MI 48154 • **Southfield** - First Place Bank, 24725 W. 12 Mile Rd, Suite 270, Southfield, MI 48034

## Post-Op Instructions

1. You have been given a prescription for pain medication. Take as instructed.
2. Keep your leg elevated, above the level of your heart, over the next few days.
3. You have been given a: Surgical Shoe / Walking Cast / Posterior Mold
  - wear this at all times when walking post-operatively.
  - if you have been given crutches or a walker, use them as instructed.
4. **Keep your dressing: Clean, Dry and Do Not Remove It.**
  - if your dressing gets wet or falls off, Call Your Doctor!
5. **If you experience:**
  - **Excessive bleeding, drainage or redness**
  - **Fever of 100 degrees or greater**
  - **Pain, numbness and tingling not relieved with pain medication**

### Call Your Doctor!

- slight bleeding on the bandage may occur. this is expected and OK.

In the event of an emergency involving your surgery, call the office and have the operator reach the doctor on call.