



MICHIGAN FOOT AND ANKLE CENTER, PC

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Caring for your Cast

Unless specifically instructed, you should not place any weight on the leg which has the cast.

Use your crutches or walker as instructed by the doctor or physical therapist.

It is necessary to keep the cast clean and dry.

Your toes should be pink and you should be able to move them freely.

If you experience numbness of the toes, feel that the cast is cutting your skin, or have pain which is not relieved by your pain medication, please call your doctor.